

LESSON 04

ENDOWMENT

ONE THING TO REMEMBER

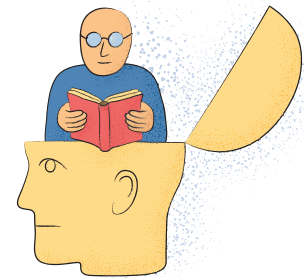
Covenants

TODAY'S CHALLENGE:

Will you keep your temple covenants and enjoy the blessings from your obedience?

“Making a covenant with God changes our relationship with Him forever. It blesses us with an extra measure of love and mercy. It affects who we are and how God will help us become what we can become.”

Russell M. Nelson, “The Everlasting Covenant,” Liahona, October 2022



Homework

Watch President Nelson talk about the covenant path

President Russell M. Nelson speaks to the world on 16 January 2018 at the announcement of the new First Presidency. The event is 18:34 minutes. Start at 10:20 to hear about his thoughts on covenants. To find this video, go the Church website and search: Russell Nelson January 16.

Watch What Is a Temple Endowment?

To watch this 1:59 minute video, type “Video What Is a Temple Endowment” in the search bar on the Church website.

QUOTE OF THE DAY



“The end for which each of us strives is to be endowed with power in a house of the Lord, sealed as families, faithful to covenants made in a temple that qualify us for the greatest gift of God, that of eternal life. The ordinances of the temple and the covenants you make there are key to strengthening your life, your mar-

riage and family, and your ability to resist the attacks of the adversary. Your worship in the temple and your service there for your ancestors will bless you with increased personal revelation and peace and will fortify your commitment to stay on the covenant path” (Russell M. Nelson speaks to the world on 16 January 2018 at the announcement of the new First Presidency).



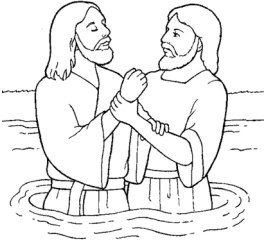
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SELF-ASSESSMENT

Are you on the Covenant Path?

“The covenant path is the only path that leads to exaltation and eternal life”
(Russell M. Nelson, “The Power of Spiritual Momentum,” April 2022).

BAPTISM



- I have humbled myself before God (D&C 20:37)
- I desire to be baptized (D&C 20:37)
- I have come forth with a broken heart and contrite spirit (D&C 20:37; Moroni 6:2)
- I witness before the church that I have truly repented of all my sins (D&C 20:37; Moroni 6:2)
- I am willing to take upon myself the name of Jesus Christ (D&C 20:37; Moroni 6:3)
- I have a determination to serve Jesus Christ to the end (D&C 20:37; Moroni 6:3)
- I have truly manifested by my works that I have received of the Spirit of Christ (D&C 20:37)
- I have received a remission of my sins (D&C 20:37)
- I am desirous to come into the fold of God (Mosiah 18:8)
- I am desirous to be called his people (Mosiah 18:8)
- I am willing to bear one another's burdens, that they may be light (Mosiah 18:8)
- I am willing to mourn with those that mourn (Mosiah 18:9)
- I am willing to comfort those that stand in need of comfort (Mosiah 18:9)
- I am willing to stand as witnesses of God at all times and in all things, and in all places that I may be in, even until death (Mosiah 18:9)
- I want to be redeemed of God, and be numbered with those of the first resurrection, that I may have eternal life (Mosiah 18:9)
- I want to witness before him that I have entered into a covenant with him, that I will serve him and keep his commandments (Mosiah 18:9)
- I want my baptism to show that I have a testimony that I have entered into a covenant to serve him until I am dead as to the mortal body (Mosiah 18:9)
- I want to be numbered among the people of the church of Christ (Moroni 6:4)
- I want my name on the records of the church (Moroni 6:4)
- I want to be remembered and nourished by the good word of God to keep myself in the right way, to be continually watchful unto prayer, relying alone upon the merits of Christ, who was the author and the finisher of their faith. (Moroni 6:4)
- I want to meet often with the saints, to fast and to pray, and to speak one with another concerning the welfare of their souls. (Moroni 6:5)
- I want to meet together oft to partake of bread and wine, in remembrance of the Lord Jesus. (Moroni 6:6)
- I want to make sure there is no iniquity in the church, neither hardness with each other, neither lying, backbiting, nor evil speaking (D&C 20:54)
- I want to witness unto the Father that I will be obedient unto him in keeping his commandments (2 Nephi 31:7)
- I want to follow the example of Jesus Christ (2 Nephi 31:4–12)
- I want to enter the gate back to God and get on this strait and narrow path (2 Nephi 31:18–21)

GIFT OF HOLY GHOST



- I want to receive the gift of the Holy Ghost (John 20:22)
- I want the Holy Ghost, which is the gift of God unto all those who diligently seek him, and I seek him (1 Nephi 10:17)
- I want the Spirit of the Lord to be poured out upon me; and may he grant unto me eternal life, through the redemption of Christ, whom he has prepared from the foundation of the world (Mosiah 18:9)
- I want to be filled with the grace of God (Mosiah 18:16)
- I want to be wrought upon and cleansed by the power of the Holy Ghost (Moroni 6:4)
- I want a remission of my sins by fire and by the Holy Ghost (2 Nephi 31:7)



PRIESTHOOD

- I am faithful unto the obtaining these two priesthood (D&C 84:33)
- I am magnifying my calling (D&C 84:33)
- I feel sanctified by the Spirit unto the renewing of my body (D&C 84:33)
- I want to become the son of Moses and of Aaron and the seed of Abraham (D&C 84:34)
- I want the church and kingdom, and to be the elect of God (D&C 84:34)
- I want to receive the priesthood and thus receive Jesus Christ (D&C 84:35)
- I receive the servants of Jesus Christ (D&C 84:36)
- I want to received God (D&C 84:37)
- I want to receive God and His kingdom (D&C 84:38)
- I want all that my Father has given to me (D&C 84:38)
- I promise to receive the priesthood, and receive this oath and covenant (D&C 84:40)

ENDOWMENT

Source: General Handbook 27.2



1. I live the law of obedience and strive to keep Heavenly Father's commandments.
2. I obey the law of sacrifice, which means sacrificing to support the Lord's work and repenting with a broken heart and contrite spirit.
3. I obey the law of the gospel of Jesus Christ, which means:
 - Exercising faith in Jesus Christ.
 - Repenting daily.
 - Making covenants with God by receiving the ordinances of salvation and exaltation.
 - Enduring to the end by keeping covenants.
 - Striving to live the two great commandments. These are to "love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind" and to "love thy neighbor as thyself" (Matthew 22:37, 39).
4. I keep the law of chastity, which means abstaining from sexual relations outside of a legal marriage between a man and a woman, which is according to God's law.
5. I keep the law of consecration, which means that members dedicate their time, talents, and everything with which the Lord has blessed them to building up Jesus Christ's Church on the earth.

SEALING

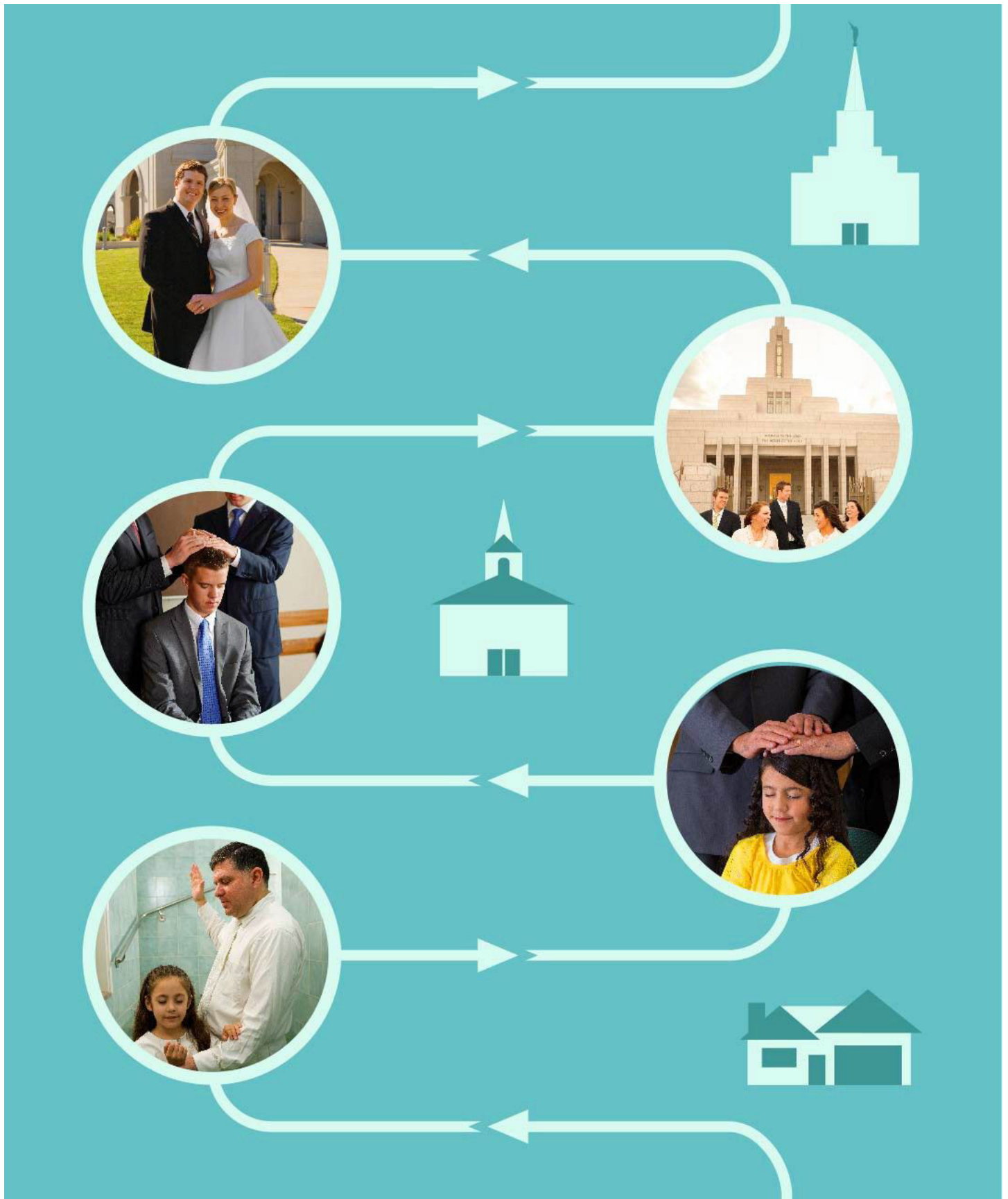
- I realize in the celestial glory there are three heavens or degrees; and that if I want to obtain the highest, I must enter into this order of the priesthood meaning the new and everlasting covenant of marriage (D&C 131:1–2)
- I want all the covenants, contracts, bonds, obligations, oaths, vows, performances, connections, associations, or expectations, that are made and entered into and sealed by the Holy Spirit of promise in a temple of God. (D&C 132:7)
- I want my marriage to be of "full force when they are out of the world...which glory shall be a fulness and a continuation of the seeds forever and ever" (D&C 132:19).
- I want my marriage "bound in heaven" (Matthew 16:19).



The Covenant Path



The Covenant Path



THE COVENANT PATH

THE

ESSENTIAL ORDINANCES AND COVENANTS
RENEWING AND STRENGTHENING ORDINANCES

HELPS ALONG THE WAY

Illustration by Bryan Beach

Scriptures—guidance and instruction received as part of covenant between God and His people (see D&C 84:57)

Prayer—“[The Master] offers us the covenant to ‘always remember Him’ and the warning to ‘pray always’ so that we will place our reliance on Him, our ‘only safety.’ (President Henry B. Eyring, First Counselor in the First Presidency, “Always,” *Ensign*, Oct. 1999, 9).”

Service—fulfilling our covenants by serving God and His children, including callings, temple and family history work, sharing the gospel, full-time missionary service

Repentance—remembering our covenants and drawing closer to the Savior when we have strayed, sometimes including help from priesthood leaders

PATH LEADING TO ETERNAL LIFE
(Enduring to the End)

See 2 Nephi 31

Gate

BAPTISM



Sacrament—weekly renewal of baptismal covenant

GIFT OF THE HOLY GHOST

Patriarchal blessings—special individual guidance and promised blessings

PRIESTHOOD CONFERRAL AND ORDINATION (FOR YOUNG MEN)



TEMPLE ENDOWMENT

Blessings for the sick—help and healing

Father’s blessings and other blessings of comfort and counsel—peace and guidance when needed



TEMPLE SEALING



ETERNAL LIFE

(Celestial Kingdom with Family)

Staying on the gospel path of covenants, commandments, and ordinances protects us and prepares us to do God’s work in this world.

Robert D. Hales

There are lots of great things you can accomplish here on the earth, but only some are on the covenant path that lead to your Heavenly Father.

Mark the covenant paths that lead back to Heavenly Father.

