

# LESSON 07

ENDOWMENT

## ONE THING TO REMEMBER

# Gospel

### TODAY'S CHALLENGE:

## Will you become like the Savior by living the law of the gospel and developing Christlike attributes?

“And this is the gospel, the glad tidings, which the voice out of the heavens bore record unto us—That he came into the world, even Jesus, to be crucified for the world, and to bear the sins of the world...” D&C 76:40–43)



## Homework



### Watch Mark, the former addict

Internet search: “LDS Addiction Recovery Program: Meet Mark” (7:19) <https://www.churchofjesuschrist.org/media/video/2012-12-0013-lds-addiction-recovery-program-meet-mark?lang=eng>

### Watch an addict mother find Jesus

Internet search: “Be Still, My Soul Jill Chipman Music Video” (3:58) <https://www.youtube.com/watch?v=y5L88vissW4>

### Watch a homeless mother find Jesus

Internet search: “Jesus Christ Is the Way” (5:02) <https://www.youtube.com/watch?v=UBdicUlzAng>

### Watch Brother German accept baptism

Internet search: “Invitation to be Baptized: German.” (2:42) <https://www.churchofjesuschrist.org/study/video/the-district-2/2007-04-052-invitation-to-be-baptized-german?lang=eng>

## QUOTE OF THE DAY



“Christlike attributes are gifts from God. The one help we all need is given to us freely through the Atonement of Jesus Christ. Having faith in Jesus Christ and in His Atonement means relying completely on Him—trusting in His infinite power, intelligence, and love. Christlike attributes come into our lives as we exercise our agency righteously. Faith in Jesus

Christ leads to action. When we have faith in Christ, we trust the Lord enough to follow His commandments—even when we do not completely understand the reasons for them. In seeking to become more like the Savior, we need to reevaluate our lives regularly and rely, through the path of true repentance, upon the merits of Jesus Christ and the blessings of His Atonement” (Dieter F. Uchtdorf, October 2005).



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Write your answers in your study journal

# Study Guide: The Gospel of Jesus Christ

Refer to *Preach My Gospel* (2023), Chapter 3, Lesson 3, pages 61–75

## 1 THE DIVINE MISSION OF JESUS CHRIST (PMG, 64)

- Why did God send Jesus Christ into the world?
- What was the result of Adam and Eve’s transgression?
- What is sin? What does it mean to become clean from sin? (See 3 Nephi 9:13; 18:32).
- What is the Gospel of Christ and Doctrine of Christ?
- What we must believe about Christ in order to have faith in Him? (See 3 Nephi 27:13–15)

## 2 FAITH IN JESUS CHRIST (PMG, 65)

- What must we believe about Christ in order to have faith in Him? (See 3 Nephi 27:13–15)
- What is the difference between (1) helping someone “come unto Christ” and become converted to His restored gospel and (2) merely helping someone become a member of the Church?
- What are some actions that might show that an investigator is developing faith in Jesus Christ?
- When we exercise faith in Jesus Christ, how does He bless us in our daily lives?
- How has your faith in Jesus Christ motivated you to act in the ways described in this section?
- What else might you do to further show that you have faith in Jesus Christ?

## 3 REPENTANCE (PMG, 67)

- How did Alma demonstrate that he had faith in Jesus Christ? (Alma 36:13, 17–21, and 23–25)
- What occurred as a result of Alma’s demonstration of faith?
- What was the result of Alma’s sincere repentance?
- Write a one-sentence definition of repentance.
- What words and phrases help define what it means to repent? (Mosiah 3:19; 4:1–3; and 5:2)
- What evidence do you see in these verses that King Benjamin’s people exercised faith in Jesus Christ in order to ultimately receive forgiveness of their sins?

## 4 BAPTISM, OUR FIRST COVENANT (PMG, 68)

See second study sheet entitled: Why is baptism essential?

## 5 THE GIFT OF THE HOLY GHOST (PMG, 71)

- What did Nicodemus ask that suggests he did not understand the Savior’s teaching? (John 3:4–6)
- How did Jesus answer Nicodemus’s questions?
- What does it mean to be “born of water”?
- What does it mean to be “born of the Spirit”?
- Why do you think the word “born” is used to describe what needs to happen to us spiritually? (Moses 6:58–59)
- What are some of the blessings that accompany the gift of the Holy Ghost? (2 Nephi 32:1–5; 2 Nephi 33:1–2; Moses 6:61; John 14:26; TG: Holy Ghost, Comforter and Holy Ghost, Gifts of)
- What is the nature of the Holy Ghost? (D&C 130:22–23; John 3:1–8; Galatians 5:22–23; BD: Holy Ghost)
- Why is the Holy Ghost so important? (2 Nephi 31:11–12, 18, 21; 3 Nephi 18:36–37; 3 Nephi 19:13; 3 Nephi 27:19–20; D&C 19:31; D&C 33:15; Acts 19:1–6)

## 6 ENDURE TO THE END (PMG, 72)

- Why is it important for a person to receive the Holy Ghost after being baptized?
- What blessings do you receive from the gift of the Holy Ghost?
- What did Nephi identify as the gate leading to our eternal life? (2 Nephi 31:17)
- What we must do after we are baptized? (2 Nephi 31:18–20)
- What did Nephi say lies beyond the gate?
- According to Nephi, what must a person do after being baptized in order to receive eternal life?
- How is enduring to the end related to following the Savior’s example?
- Why is it important for us to endure to the end?
- How will following the Savior’s example help you endure?

## 7 THE GOSPEL BLESSES GOD’S CHILDREN (PMG, 73)

- What does God want his children to do? (2 Nephi 26:33)
- Why does living the gospel bring happiness? (Mosiah 2:41)
- Why should we “talk of Christ”? (2 Nephi 25:26)



Write your answers in your study journal

## Study Guide: Why is baptism essential?

• What important truths are taught in this account of Jesus's baptism? (Matthew 3:13-1)



**Elder Robert D. Hales taught:**

“At baptism we make a covenant with our Heavenly Father that we are willing to come into His kingdom and keep His commandments from that time forward, even though we still live in the world.

“We are reminded from the Book of Mormon that our baptism is a covenant to ‘stand as witnesses of God [and His kingdom] at all times and in all things, and in all places that ye may be in, even until death, that ye may be redeemed of God, and be numbered with those of the first resurrection, that ye may have eternal life’ [Mosiah 18:9; emphasis added].

“When we understand our baptismal covenant and the gift of the Holy Ghost, it will change our lives and will establish our total allegiance to the kingdom of God. When temptations come our way, if we will listen, the Holy Ghost will remind us that we have promised to remember our Savior and obey the commandments of God” (Robert D. Hales, “The Covenant of Baptism: To Be in the Kingdom and of the Kingdom,” Ensign, Nov. 2000, page 7).

• What do you think it means to “establish our total allegiance to the kingdom of God”?

• In what ways might baptism change a person's life?

• What do you think it means to “come forth with a broken heart and a contrite spirit”? See the box titled “Before Baptism” on the bottom of page 64 of Preach My Gospel.

• How does a person manifest that they have truly “received the Spirit of Christ”? What does “covenant” mean?

• What does “ordinance” mean?

• In baptism, what do these symbolize? (Romans 6:3-68)

- Water
- White clothing
- Immersed in water
- Completely submerged in water
- Coming out of the water

• Why was Jesus Christ baptized? (2 Nephi 31:4-18)

• What did Heavenly Father say about the baptism of Jesus Christ? (Matthew 3:13-17)

• What authority is needed to perform a baptism? (D&C 22; Hebrews 5:4)

• After we enter into the covenant of baptism, what are we called? (Mosiah 5:7-8)

• What are the covenants we make a baptism? (Mosiah 5:8-10; Mosiah 18:8-10; D&C 20:37)

• What are the qualifications for baptism? (2 Nephi 9:23; Mosiah 18:8-10; Alma 7:14-15; 3 Nephi 11:23-27; Moroni 6:1-4; D&C 20:37; Acts 2:37-39)

• What are the promised blessings of baptism? (Mosiah 4:11-12,26; Moroni 8:25-26; John 3:5; Romans 6:4)

• Why aren't little children baptized? (Moroni 8:4-24)

• What is the minimum age someone can receive baptism? (D&C 68:27)

• Why did the Lord choose that age? (D&C 68:27)

• When do we renew our baptismal covenants? (PMG, 64; D&C 27:2; 1 Corinthians 11:23-29)

• Why did the Lord institute the sacrament? (3 Nephi 18:1-18; Luke 22:15-20)

**Joseph Smith said:** “You might as well baptize a bag of sand as a man, if not done in view of the remission of sins and getting of the Holy Ghost. Baptism by water is but half a baptism, and is good for nothing without the other half—that is, the baptism of the Holy Ghost” (Teachings of Presidents of the Church: Joseph Smith, 95).



• Why might baptism be considered only “half a baptism” if it is not followed by the “baptism of the Holy Ghost”?

• What is the invitation to be baptized? PMG, 28-29

• Why is the invitation to be baptized specific and direct?





# CHRISTLIKE ATTRIBUTE ACTIVITY

1 = Never • 2 = Sometimes • 3 = Often • 4 = Almost Always • 5 = Always

The purpose of this activity is to help you identify opportunities for spiritual growth. No one can respond “always” to every statement. Spiritual growth is a lifelong process. That is one reason it is exciting and rewarding—because there are countless opportunities to grow and to experience the blessings of growth. Be comfortable with beginning where you are. Commit yourself to doing the spiritual work needed to grow. Seek God’s help. When you have setbacks, have confidence that He will help you. Seek guidance about which attributes to focus on at various times during your life. (Preach My Gospel [2023], pages 136–138).

## Faith

\_\_\_ I believe in Christ and accept Him as my Savior. (2 Nephi 25:29)

\_\_\_ I feel confident that God loves me. (1 Nephi 11:17)

\_\_\_ I trust the Savior enough to accept His will and do what He asks. (1 Nephi 3:7)

\_\_\_ I believe that through the Atonement of Jesus Christ and the power of the Holy Ghost, I can be forgiven of my sins and sanctified as I repent. (Enos 1:2–8)

\_\_\_ I have faith that God hears and answers my prayers. (Mosiah 27:14)

\_\_\_ I think about the Savior during the day and remember what He has done for me. (D&C 20:77, 79)

\_\_\_ I have faith that God will bring about good things in my life and the lives of others as we devote ourselves to Him and His Son. (Ether 12:12)

\_\_\_ I know by the power of the Holy Ghost that the Book of Mormon is true. (Moroni 10:3–5)

\_\_\_ I have faith to accomplish what Christ wants me to do. (Moroni 7:33)

## Hope

\_\_\_ One of my greatest desires is to inherit eternal life in the celestial kingdom. (Mor. 7:41)

\_\_\_ I am confident that I will have a happy and successful mission. (D&C 31:3–5)

\_\_\_ I feel peaceful and optimistic about the future. (D&C 59:23)

\_\_\_ I believe that someday I will dwell with God and become like Him. (Ether 12:4)

## Charity and Love

\_\_\_ I feel a sincere desire for the eternal welfare and happiness of others. (Mosiah 28:3)

\_\_\_ When I pray, I ask for charity—the pure love of Christ. (Moroni 7:47–48)

\_\_\_ I try to understand others’ feelings and see their point of view. (Jude 1:22)

\_\_\_ I forgive others who have offended or wronged me. (Ephesians 4:32)

\_\_\_ I reach out in love to help those who are lonely, struggling, or discouraged. (Mosiah 18:9)

\_\_\_ When appropriate, I express my love and care for others by ministering to them through word and deed. (Luke 7:12–15)

\_\_\_ I look for opportunities to serve others. (Mosiah 2:17)

\_\_\_ I say positive things about others. (D&C 42:27)

\_\_\_ I am kind and patient with others, even when they are hard to get along with. (Moroni 7:45)

\_\_\_ I find joy in others’ achievements. (Alma 17:2–4)

## Virtue

\_\_\_ I am clean and pure in heart. (Psalm 24:3–4)

\_\_\_ I desire to do good. (Mosiah 5:2)

\_\_\_ I focus on righteous, uplifting thoughts and put unwholesome thoughts out of my mind. (D&C 121:45)

\_\_\_ I repent of my sins and strive to overcome my weaknesses. (D&C 49:26–28; Ether 12:27)

\_\_\_ I feel the influence of the Holy Ghost in my life. (D&C 11:12–13)

## Integrity

\_\_\_ I am true to God at all times. (Mosiah 18:9)

\_\_\_ I do not lower my standards or behavior so I can impress or be accepted by others. (1 Nephi 8:24–28)

\_\_\_ I am honest with God, myself, my leaders, and others. (D&C 51:9)

\_\_\_ I am dependable. (Alma 53:20)

## Knowledge

\_\_\_ I feel confident in my understanding of gospel doctrine and principles. (Alma 17:2–3)

\_\_\_ I study the scriptures daily. (2 Timothy 3:16–17)

\_\_\_ I seek to understand the truth and find answers to my questions. (D&C 6:7)

\_\_\_ I seek knowledge and guidance through the Spirit. (1 Nephi 4:6)

\_\_\_ I cherish the doctrine and principles of the gospel. (2 Nephi 4:15)

## Patience

\_\_\_ I wait patiently for the blessings and promises of the Lord to be fulfilled. (2 Nephi 10:17)

\_\_\_ I am able to wait for things without getting upset or frustrated. (Romans 8:25)

\_\_\_ I am patient with the challenges of being a missionary. (Alma 17:11)

\_\_\_ I am patient with others. (Romans 15:1)

\_\_\_ I am patient with myself and rely on the Lord as I work to overcome my weaknesses. (Ether 12:27)

\_\_\_ I face adversity with patience and faith. (Alma 34:40–41)

## Humility

\_\_\_ I am meek and lowly in heart. (Matthew 11:29)

\_\_\_ I rely on God for help. (Alma 26:12)

\_\_\_ I am grateful for the blessings I have received from God. (Alma 7:23)

\_\_\_ My prayers are earnest and sincere. (Enos 1:4)

\_\_\_ I appreciate direction from my leaders or teachers. (2 Nephi 9:28–29)

\_\_\_ I strive to be submissive to God’s will. (Mosiah 24:15)

## Diligence

\_\_\_ I work effectively, even when I’m not under close supervision. (D&C 58:26–27)

\_\_\_ I focus my efforts on the most important things. (Matthew 23:23)

\_\_\_ I have a personal prayer at least twice a day. (Alma 34:17–27)

\_\_\_ I focus my thoughts on my calling as a missionary. (D&C 4:2, 5)

\_\_\_ I set goals and plan regularly. (D&C 88:119)

\_\_\_ I work hard until the job is completed. (D&C 10:4)

I find joy and satisfaction in my work. (Alma 36:24–25)

## Obedience

When I pray, I ask for strength to resist temptation and to do what is right. (3 Nephi 18:15)

I am worthy to have a temple recommend. (D&C 97:8)

I willingly obey the mission rules and follow the counsel of my leaders. (Hebrews 13:17)

I strive to live in accordance with the laws and principles of the gospel. (D&C 41:5)

# Self-assessment: How Christlike are you?

Rank yourself. But do not be too hard on yourself. Everyone is trying to improve and doing their best—even you!

Faithful	Hopeful	Charitable	Virtuous	Educated	Humble	Diligent	Obedient	Patient
Fearful	Gloomy	Hateful	Adulterous	Ignorant	Prideful	Distracted	Obstinate	Annoyed
Hard Working	Peaceful	Courteous	Cheerful	Trustworthy	Healer	Warm	Listener	Spiritual
Lazy	Warmonger	Rude	Sullen	Dishonest	Destroyer	Cold	Ignorer	Worldly
Kind	Courageous	Optimistic	Friendly	Holy	Selfless	Servant	Childlike	Sensitive
Mean	Cowardly	Pessimistic	Hostile	Sacrilegious	Selfish	Self-serving	Childish	Brash

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I will live the gospel by loving others.

