

LESSON 05

ENDOWMENT

ONE THING TO REMEMBER

Sacrifice

TODAY'S CHALLENGE:

Will you sacrifice to support the Lord's work and repent with a broken heart and contrite spirit?

"Verily I say unto you, all among them who know their **hearts** are honest, and are **broken**, and their spirits **contrite**, and are willing to observe their covenants by sacrifice—yea, every sacrifice which I, the Lord, shall command—**they are accepted of me**" (D&C 97:8).



Homework

Study Elder Christofferson

"When Thou Art Converted by D. Todd Christofferson, April 2004. He says: "As you seek the blessing of conversion, you can offer the Lord the gift of your broken, or repentant, heart and your contrite, or obedient, spirit. In reality, it is the gift of yourself—what you are and what you are becoming."

Study Elder Porter

"A Broken Heart and a Contrite Spirit" by Bruce D. Porter, October 2007. He says: "Those who have a broken heart and a contrite spirit are willing to do anything and everything that God asks of them."

Study Elder Ellis

"Do We Trust Him? Hard Is Good" by Stanley G. Ellis, Oct. 2017. "Sacrifice...is a small price to pay in relation to the blessings that follow."

QUOTE OF THE DAY



"I learned some of the best lessons during the hardest times—whether as a youth, on a mission, starting a new career, striving to magnify my callings, raising a large family, or struggling to be self-reliant. It seems clear that hard is good! One of the earliest covenants we make with the Lord is to live the law of sacrifice.

Sacrifice, by definition, involves giving up something desirable. With experience we realize it is a small price to pay in relation to the blessings that follow. Under the direction of Joseph Smith, it was said that "a religion that does not require the sacrifice of all things never has power sufficient to produce the faith necessary unto life and salvation" (Stanley G. Ellis, October 2017).



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Write your answers in your study journal

Study Guide: The Law of Sacrifice

SACRIFICE PRACTICED ANCIENTLY

What was the significance of the sacrifices performed by the Lord's covenant people anciently?

What did the Lord command Adam and Eve to offer to the Lord? Moses 5:5

In Moses 5:6 it says: "And after many days an angel of the Lord appeared unto Adam, saying: Why dost thou offer sacrifices unto the Lord?" What was Adam's response?

What did the angel say their sacrifices were similar to? Moses 5:7

Whose name were they to offer sacrifices to? Moses 5:8

What did the angel command Adam and Eve to do from that point forward? Moses 5:8

Why is the Atonement considered the great and last sacrifice?

SACRIFICE PRACTICED TODAY

Why did the Lord stop animal sacrifice as a gospel ordinance? Alma 34:13-14

Instead of shedding the blood of an animal, what does Jesus ask us to sacrifice today? 3 Nephi 9:19-20

BROKEN HEART, CONTRITE SPIRIT

What does a "broken heart and a contrite spirit" mean?

Who does Christ's sacrifice apply to? 2 Nephi 2:7

What does Jesus want us to offer him? 3 Nephi 9:20

How does Jesus want us to approach him? 3 Nephi 12:19

What kind of attitude should we have when we pray to God? Ether 4:15

What are one of the main requirements of baptism? Moroni 6:2

Who should be baptized? D&C 20:37; D&C 59:8

What is one of the results of having a broken heart and contrite spirit? D&C 56:18

LIVING THE LAW OF SACRIFICE

How do you observe the law of sacrifice today?

What does this scripture say about your priorities? Luke 12:16-34

What are some indications you are willing to sacrifice for the Lord? Luke 9:57-62

What does it mean that today is "a day of sacrifice"? D&C 64:23

What does it mean those who lose their life for the Lord will find it? D&C 98:13-15

Why did the people of Ammon sacrifice their lives rather than break their oath to the Lord? Alma 24

Why must you be willing to sacrifice everything ye have to the Lord?

Why are you willing to make sacrifices?

Why is it important to sacrifice as the Lord asks without expecting anything in return?

What examples of sacrifice have you observed in the lives of people you know?

What examples of sacrifice have you seen

- In the lives of your ancestors?
- In the lives of early members of the Church?
- In the lives of people in the scriptures?

What have you learned from these examples?

How does living the law sacrifice help you be worthy to live in the presence of God?

What are the results of living the law of sacrifice?

Why do you think your willingness to sacrifice is related to your readiness to live in the presence of God?

How can you obtain a knowledge from the Lord that your sacrifice is acceptable to Him? D&C 97:8



How does repentance show you have a broken heart and contrite spirit? Ted E. Brewerton wrote, "In a very real way, repentance is one of the gifts we give to our Savior when we 'offer a sacrifice unto the Lord [our] God in righteousness, even that of a broken heart and a contrite spirit' (D&C 59:8)" ("Rejoice in Christ," Ensign, Dec. 1984, 7).



How does Godly sorrow demonstrate you have a broken heart and contrite spirit? Ezra Taft Benson said: "Godly sorrow ... is a deep realization that our actions have offended our Father and our God. It is the sharp and keen awareness that our behavior caused the Savior, He who knew no sin, even the greatest of all, to endure agony and suffering. Our sins caused him to bleed at every pore. This very real mental and spiritual anguish is what the scriptures refer to as having 'a broken heart and a contrite spirit'" ("A Mighty Change of Heart," Ensign, Oct. 1989, 4).



How does living the law of sacrifice prepare you for exaltation? Joseph Smith said: "All the saints of whom we have account, in all the revelations of God which are extant, obtained the knowledge which they had of their acceptance in his sight through the sacrifice which they offered unto him" (Joseph Smith, comp., Lectures on Faith [1985], 70).

Jesus wants you to have a soft heart and repent.

